

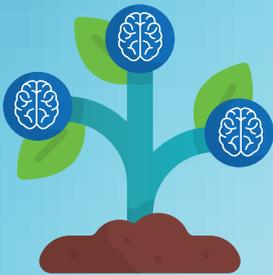


A Growth Mindset

Developing a growth mindset is an ongoing process and a wonderful gift to develop in your child. With a growth mindset, your child will develop a love of learning, embrace challenges, understand how to overcome obstacles and see mistakes as the portals of learning.



How to Develop a Growth Mindset



There are many ways you can help your child develop a growth mindset:

- Encourage them to believe that their brain works like a muscle –the more they use it, the stronger it gets.
- Use the word 'yet' at the end of a negative statement (see below).
- Think about the way you praise (see below).

The Way You Praise

The way you praise your child when they approach a challenge will help them develop a growth mindset.



⊗ Don't praise your child's	✓ Do praise your child's
Intelligence	Effort
Talent	Strategies and processes used
Ability	Persistence

The Power of Yet

Adding the word 'yet' at the end of a negative statement opens up a world of possibilities and will show your child that with effort and practice they will get closer to achieving their goal.



💬 When your child says:	🗣️ Encourage your child to say:
I'm no good at origami !	I'm not good at origami YET!
I can't do this puzzle !	I can't do this puzzle YET!
I tried, but it didn't work.	I tried, but it didn't work YET!