

Ysgol yr Holl Saint All Saints' School



Sun Safety Policy

Equality Act Impact Assessment	YES	NO	
Last Review Date	N/A		
Date to be reviewed by Senior Management Team	September 2025		
Date Adopted by Governing Body	22.09.2022		
Head Teacher - Mr Richard Hatwood			
Chair of Governors – Mrs Jane Tinniswood			



Introduction

Too much exposure to ultraviolet light (UV) radiation from the sun causes sunburn, skin damage and increases the risk of skin cancer. Sun exposure in the first 15 years of life contributes significantly to the lifetime risk of skin cancer. There is enormous potential for schools to help prevent skin cancer in future generations. Schools are central to protecting children's skin this is because:

- Children are at school five out of seven days a week at times when UV rays are high.
- Most damage due to sun exposure occurs during the school years.
- Schools can play a significant role in changing behaviours through role modelling and education.
- Pupils and teachers are at risk of sunburn within 10-15 minutes of being exposed to strong sunlight.
- Pupils spend an average of 1.5 hours outside per school day, more if involved in sports and outdoor activities.
- Skin cancer is largely preventable through behaviour modification and sun protection during early years.

The main elements of this policy are:

- Partnership: working with parents/carers, governors, our school nurse and the wider community to reinforce awareness about sun safety and promote a healthy school.
- Education: learning about sun safety to increase knowledge and influence behaviour.
- Protection: providing an environment that enables pupils and staff to stay safe in the sun.

Partnership

Sun safety will be promoted through working with parents/carers, governors and the wider community to improve our understanding and provision to avoid the harmful effects of too much exposure to ultraviolet light (UV).

Staff should act as positive role models and set a good example by seeking out the shade whenever possible and wearing suitable clothing, hat and sunscreen.

Education

Annually a special assembly will be dedicated to 'Sun Safety'. This will emphasise the 5 S's of Sun Safety including:

'SLIP SLOP SLAP – to SLIP ON A T-SHIRT, SLOP ON THE SUNSCREEN, SLAP ON A HAT'

At appropriate times during the year children will be reminded through our assemblies about 'How to be Sun Safe'. The curriculum for all year groups will include aspects of 'Sun Safety' annually.

Parents and carers will be asked through letters/newsletters to support this policy by encouraging their children to adopt the Slip, Slop, Slap message and act as role models. Children will be encouraged to use the shaded areas of the school during playtimes.

Protection

The school playground has shade provided either by the school building, outdoor shelter(s), trees and/or we have temporary structures i.e. gazebos, etc for use on sports days and other outdoor events. Children will be encouraged to use the shaded areas of the school during playtimes when appropriate.

The children will be encouraged to wear clothes that provide good sun protection. The children will supply themselves with sun hats to protect their face, ears and back of their neck.

Each pupil will supply themselves with sunscreen (minimum SPF 30, 4 star UVA) to apply themselves when appropriate and used on or off site for any prolonged outdoor school related activities.

Children are encouraged to increase their water intake in hot weather and are encouraged to drink water during break times and lunch times. Every child should bring a water bottle to school every day.

Evaluation & Review

This policy will be reviewed by the Senior Management Team and Governing Body and adopted by the Governing Body as per the schedule on the front page.