

Active
Travel
Champions





2020 - 2021

YMUNWCH Â'R MUDIAD

Sustrans
JOIN THE MOVEMENT



Active Travel School Award



Bronze



Awarded to schools that are working to help the school community choose to travel in more active and sustainable ways.

Schools awarded bronze will have put into place some organisational, cultural and behavioural changes that are contributing to more pupils travelling actively.



*** Half Term Bike Competition! ***

As a school we are working with Sustrans to achieve the Active Travel School Award. A big part of this is to encourage pupils to have active journeys to school, such as walking, scooting, cycling or park and stride. To kick start the project we would like you to get your bikes out over half term! Before you set off on a bike ride, it is important to make sure your bike is safe, especially if it's not been used in a while!

This video from Sustrans will tell you everything you need to know.

<https://www.youtube.com/watch?v=177geOAYYBY&feature=youtu.be>

To enter the competition to win some cycling goodies donated by Sustrans we would like you to film your own 'infomercial' showing how to perform a simple safety check on your bike. Please send your video to communication@allsaints-pri.wrexham.sch.uk. Entries need to be in by Sunday 20th February.

Good luck!





The Active Travel Champions have an important message for everyone!

We can't wait to get involved with the Big Pedal next week and would love to see as many people as possible have active journeys to school. 😊





Mrs. Shelmerdine
All Saints' School

Apr 22, 2021



👏 We did it!!! 🎉

Today 206 children had an active journey to school along with 163 grown ups.

We have managed to beat our personal best every day so far which is amazing! 🥳

The Big Pedal event continues next week where we will pick our best 5 days to put forward to Sustrans to be in the running for some prizes. Let's keep up the amazing effort. 🙌🥳

Translation viewed by 1 parent

46 likes 261 views



Mrs. Shelmerdine
All Saints' School

Apr 28, 2021



Despite the drizzle we had 199 children and 170 grown ups having an active journey to school yesterday.

Don't let the rain dampen your spirits... we have just 3 more mornings to log our journeys! 🥳

Translation viewed by 1 parent

34 likes 2 comments 266 views



Mrs. Shelmerdine
All Saints' School

Apr 28, 2021

we're
almost
there

Today 184 children and 156 had an active journey to school... albeit a little cooler and damper than usual! 🌧️

We have just two more mornings of logging our journeys so let's keep on going.

Who will have managed an active journey every day? 🥳

Who will clock up their first active journey before the end of the week? 🥳

Translation viewed by 1 parent

27 likes 264 views

Over the course of the school year we have seen an incredibly positive change in the journeys our pupils have to and from school each day. 😊

When we have compared the survey we did with the children in December to the one we have done in July, we have seen the number of children having an active journey to school increasing from 100 to 156.

This is a brilliant 56% increase! 🙌

Now 59% of our pupils enjoy an active journey to school with Park & Stride and scooters showing the biggest increase of all. 🛴🚶

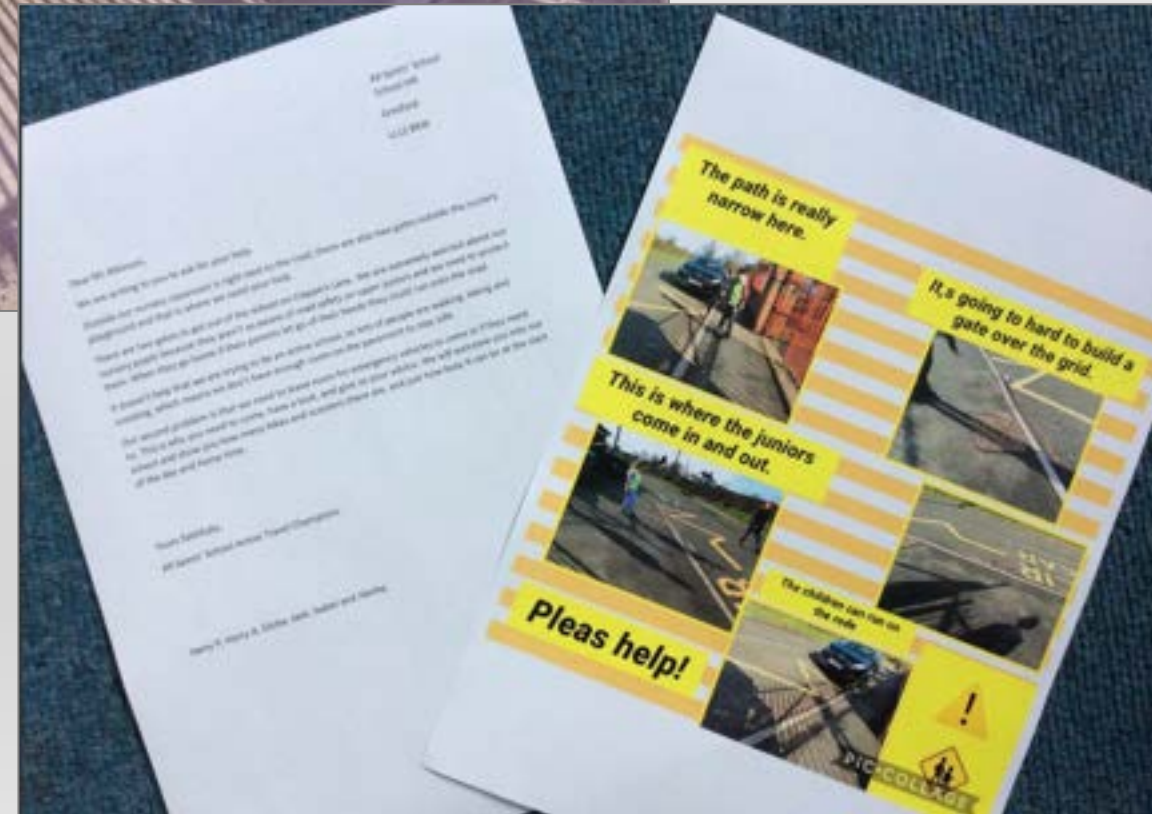
We would like to thank everyone for their efforts and support with the project and hope to see things continue to go in the right direction when we return to school in September. 👍

Well done All Saints' and a huge DIOLCH to the Active Travel Champions for all of their hard work! ☆

Our Active Travel Champions have been busy today!

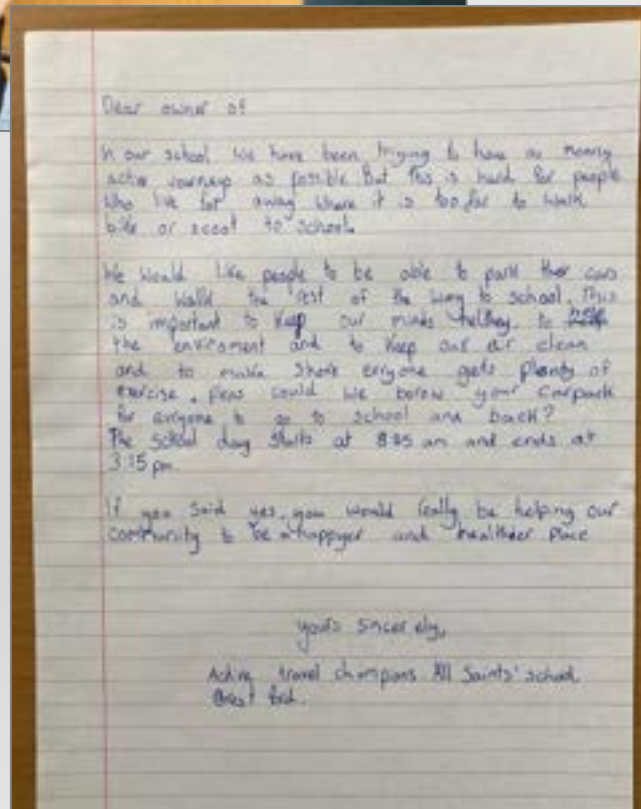
They have written letters to Mr Atkinson and Mrs Parry to ask for help and advice on making Clappers Lane safer for our nursery children and KS2 children. This is especially important as we now have so many more children arrive on foot, bike or scooter which is fantastic. We will keep you updated with how this goes. 😊

The Active Travel Champions will be back with another important message for everyone after the Easter holidays... watch this space! 🚶🚴🛴🚲🚶





Following the success of our Active Journeys fortnight, our Active Travel Champions met yesterday to work on providing more opportunities for parents and pupils to 'Park & Stride'. They have identified 9 possible places for parents to park and have started to write letters to ask these local businesses for permission to use their car parks. We will be hand delivering the letters next week and will let you know the outcome. Meanwhile, it is great to see that so many children are still choosing active journeys, diolch for your continued support!



Our Active Travel Champions have been out hand delivering their letters to local businesses today. They are asking for permission to use their car parks for park and stride. We will let you know the responses we get! 🚶🚶🚗



Gresford Trust	Parents are welcome to use the car park for drop off and pick up
Gresford Fish Bar	Parents are welcome to use the car park for drop off and pick up
The Plough pub	Parents are welcome to use the perimeter of the car park Mon, Tue, Wed and Fri mornings due to deliveries at other times.
Maes Y Pant	Limited spaces available but parents welcome to use them on a trial basis
Mike Griffiths Accountant	Fully supportive of the project but only have enough spaces for members of staff and customers.
Alf Jones Cycles	Fully supportive of the project but they don't own the land and the landlord was unable to allow it at the moment
The Griffin pub	Concerns raised over lack of footpath from the pub to school so the children decided that this was unsuitable.
Doctors	No response



Our Active Travel Champions have visited all of the Park & Stride locations today and have chatted with the owners of the car parks about the Active Travel Project.

They have carefully timed the walks from school to each location to put together this helpful video.

There are lots of benefits of parking nearby and walking the rest of the way to or from school and the Active Travel Champions are keen for everyone to give it a go! 🧑🏻‍🦯🧑🏻‍🦯🧑🏻‍🦯🧑🏻‍🦯🧑🏻‍🦯🧑🏻‍🦯





Bike to School Week 2021

27 September – 1 October

Next week is 'Bike to School Week' and we would like to encourage as many pupils as possible to take part and get on their bikes (or scooters) and enjoy the benefits that this brings!



There are loads of benefits to getting active on the way to school...

1. It's a boost to children's physical and mental health and wellbeing.
2. Children arrive more relaxed, alert and ready to start the day.
3. There's reduced congestion and pollution around the school gates.
4. Children are more aware of road safety and feel more independent.

There is a chance to win a Frog bike up to the value of £400 for those families who make a pledge to bike or scoot to school on the Sustrans website. It is very quick and easy too – just use this link...

<https://www.sustrans.org.uk/campaigns/bike-to-school-week-pledge/>



Come on All Saints' - get on your bikes!



Our Active Travel Champions have been working with PCSO Lisa and PCSO Cat to learn about road safety and speeding today. The posters they have designed will be given to drivers along Clappers Lane when speed checks are carried out by the children in the near future.

With so many more children having active journeys to school it is vital that we keep our roads as safe as possible and our Active Travel Champions have made an excellent start in doing this! 🙌

You might also see our PCSOs patrolling at busy times to remind people of the 20mph speed limit and to not park on the yellow zig zags. 👍





Our Active Travel Champions have been working with our PCSOs to do speed checks on Clappers Lane this afternoon.

They carried out 83 speed checks in 47 minutes. In that time 21 people were travelling faster than 20mph with 17 of those breaking the law.

Those 17 drivers will be receiving a note from the police along with one of the leaflets the children designed in our last meeting.

We hope that our presence today has helped to remind drivers to slow down by our school and help to keep us safe.

In our next meeting the children will be exploring different ways to encourage drivers to stick to the limit and writing letters to people who might be able to help us with this.

Great work today ATCs 🙌 and a huge DIOLCH to our local PCSOs. 😊



It is 'Children's Mental Health Week' next week. We would love to see as many children taking part and making the most of the benefits active journeys can have on their mental health.

You can walk, wheel, scoot, skate, cycle or park and stride to or from school. On your active journey make sure you complete the challenge for the day and tick it off your record sheet. Completed record sheets, signed by a parent or guardian will be drawn out of a hat to win a fitness tracker at the end of the week.

Name	Class	Parent/Guardian signature
Daily Active Journey		
Daily Challenge		
Walk to school	<input type="checkbox"/>	Date: _____
Wheel to school	<input type="checkbox"/>	
Scoot to school	<input type="checkbox"/>	
Skate to school	<input type="checkbox"/>	
Cycle to school	<input type="checkbox"/>	
Park and stride to school	<input type="checkbox"/>	





Along with our Active Journeys officer, Hannah Meulman, bike mechanics from Drosi Bikes will offer a FREE safety check for all bikes or scooters brought into school on Friday. There may even be time for minor adjustments or repairs. We would love to see as many pupils take advantage of this great opportunity as possible, so don't forget your bike or scooter and helmet!

Bike Check Record		2155801
Make/Model/Colour	GIANT SANGRETTA 26" 2011	
Your bike needs urgent attention and is NOT SAFE TO RIDE	<input type="checkbox"/>	
Your bike needs some further attention (see below)	<input type="checkbox"/>	
Following the inspection your bike was in good working order	<input checked="" type="checkbox"/>	
Bike Part	Details	
Brakes	FRONT REAR BRAKE WORKING. PADS	
Wheels & Tyres	GOOD. SMALL PUNCTURE IN REAR TYRE. AIR TOP UP. REPAIR PUNCTURE IN REAR TYRE BY HOME OF PUPIL	
Steering		
Handle & Seatpost		
Frame, Chain & Gears	ALL PARTS IN GOOD WORKING ORDER. CLEAN	
Frame & Fork		
Other		
Inspector: Hannah Meulman Location: St. Paul's School Date: 11/13/2017		



This morning the Active Travel Champions from this year and last year met together to hear the good news that we have won £2000 prize money for their hard work. They have worked brilliantly together to decide how to spend the money so that all pupils benefit and so that we continue to encourage active journeys. They have decided to ask Mr Hatwood if we can buy scooter pods for the younger children, scooter racks for the older children and some scooters and helmets for children to use in school.

Our next challenge is to persuade Mr Hatwood to let us have a 'scooter day' per class so that we can scoot at playtimes! 🙌 😁

All Saints' School, Gresford

Sustainable Travel

All Saints' School is committed to promoting walking, scooting, cycling and other sustainable methods of transportation to and from school. To do this, the school has a peer-elected group of children who work together as 'Active Travel Champions' who encourage new ways to promote active journeys to and from school, including for those who live further away. These children need to use a car or bus, so the Champions worked with local businesses that had car parks that could be used by parents for drop off and collection times, so allowing them to walk, jog, scoot or cycle the rest of the way to school.



£2,000 Prize Winner



The Active Travel Champions have been busy unpacking all the wonderful things we purchased with the prize money they won for school recently. 11 scooters, 11 helmets, scooter pods for the younger children and scooter racks for the older children. They are delighted! 😊





We are half way through the Big Walk and Wheel event and so far we have clocked up an impressive 670 active journeys to school. 😊

On average 58% of our pupils have had an active journey to school each day this week which is fantastic!

The event continues next week and our Active Travel Champions would love to see us boost our number to 60%. Come on All Saints' let's see if we can reach that target... Bikes, scooters and walking legs at the ready!!! 😊



What better way to end our 'Big walk and wheel' week! We have clocked up 1,511 active journeys and beat our target with an average of 62% of pupils making their way into school in an active way. Well done All Saints'!



Today we had a special visit from Hannah, our Active Travel Officer. After months of work with the Active Travel Champions, our school has been awarded the **Bronze Award for Active Travel - the first in Wrexham!** 😊

Our Active Travel Champions have worked so hard to encourage all of our pupils to switch to active journeys and we are delighted that this has been recognised in this award. A huge thank you to all the pupils and parents who now enjoy more active journeys, we really hope this is a positive change for the long term. 👍



One final job for this year's Active Travel Champions - to sticker the school scooters and use a UV marker pen so that they can be traced back to school if they are stolen. Diolch to our Community police officers for sending us the equipment to do this. And a big Diolch to the children for working so hard and being so enthusiastic all year with their Active Travel role.





2022 - 2023



Silver



For schools that continue to demonstrate their commitment to promoting active and sustainable travel.

For this award, much of the energy and resources will come from within the school and its community.



Cynllun Gweithredu - Action Plan – Active Travel



Target	Action	Lead Person	Start/ Rev/End	Resources/ Costs	Success Criteria	Monitoring	Evaluation (Impact)
ATCs to be involved in reviewing the school's inclusive travel policy. (A1)	ATCs to meet with RH and governors to ensure policy makes specific references to active and sustainable travel.	RH	Nov 2022 Dec 2022 Dec 2022	Time with RH and governors. No cost.	Policy reviewed and updated if necessary, with input from ATCs.	RH & AS	Focus kept on maintaining active and sustainable travel and ensuring inclusivity is regularly reviewed.
ATCs to take on specific responsibilities as part of their role. (A2)	AS to delegate responsibilities to ATCs, ensure these are carried out and ensure responsibilities are shared fairly. Staff to be updated on what the responsibilities are.	AS	Nov 2022 Jan 2023 Ongoing	Time away from role to work with ATCs. Time to update staff in staff meeting. No cost.	ATCs will share and rotate the following responsibilities: Traffic Champion – Log of cars parking on yellow lines shared with PCSOs. Safety Champion – Monitoring of cyclists and scooters users wearing helmets and travelling safely. Reports of unsafe travel feedback to class teacher. Rewards Champion – Focussing on one class per week, dojos given for pupils who have active journeys.	AS	Regular focus on safety and rewarding pupils who have active journeys will promote and hopefully increase number of active journeys taking place and develop positive habits with pupils and parents.
Active Travel workshops held with ATCs and interested parents, staff members and members of the community. (A3)	Liaise with Hannah to set up a workshop that is relevant and engaging. Invite ATCs, parents, staff, governors and members of the community as appropriate.	AS	Jan 2023 Jan 2023 Feb 2023	Space for meeting. Cost for refreshments.	Well attended meeting with a positive impact on future active journeys. Parents engaged and supportive with future active journeys.	RH & AS	Support from parents will lead to increased engagement from pupils. Support in the community could have a range of possible benefits.
Regular staff briefings about Active Travel projects to be given. (A4)	Staff briefed in staff meetings on a regular basis about Active Projects and kept up to date about progress made.	AS	Nov 2022 Jan 2023 Ongoing	Time to update staff in staff meeting. No cost.	Staff consistently up to date with current projects and their progress.	AS	Keeping staff up to date will increase their engagement in the project as a whole.
New staff to be made aware of the Active Travel Project during their induction. (A4)	Induction documents to make specific reference to the Active Travel Project. New staff to be made aware of how they can take part and support pupils and parents.	RH	Nov 2022 Jan 2023 Ongoing	Time given to new staff to become familiar with the Active Travel Project.	New staff aware of Active Travel Project. Induction documents reviewed and updated if necessary, to include specific reference to the Active Travel Project.	RH	New staff will be aware of Active Travel Project from the start of their employment.
Active travel-themed assemblies to be planned and led by ATCs with support from	AS to work with ATCs to plan and deliver active travel-themed assemblies. Support to be sought from other adults who could plan and lead assemblies with ATCs such as Hannah, PC	AS	Nov 2022 Jan 2023 Ongoing	Time away from role to work with ATCs.	Regular assemblies that engage the pupils and deliver positive messages about active journeys.	RH & AS	Pupils enthused to have active journeys with regular reminders through assemblies that are topical and relevant to our school.





Cynllun Gweithredu - Action Plan – Active Travel

other pupils or other adults. (B1)	Stu or local community groups for example.						
Bikeability sessions arranged for upper KS2 pupils. (C3)	Upper KS2 staff to arrange bikeability sessions.	SJ MS	Oct 2022 Nov 2022 Jan 2023	Cost of bikeability sessions – funded by the LA	Bikeability sessions successfully delivered.	SJ MS	Upper KS2 pupils upskilled on bike safety and cycling skills.
Pupils to practice balance bike, scooter, cycling and /or pedestrian skills. (C3)	Teachers to plan Health & Well-Being sessions that give the opportunity for pupils to practice balance bike, scooter, cycling and /or pedestrian skills within lesson time. Similar opportunities to be given at breaktimes and after school.	RH	Nov 2022 Jan 2023 Ongoing	Cost of balance bikes for nursery and reception children. (12 x £40 = £480) (Fundraising or requests for donations to also be considered)	All pupils to have planned in opportunities to practice relevant skills as part of Health & Well-Being lessons. Lunchtime staff to supervise use of equipment at lunchtimes. After school club that helps to develop skills. Breakfast and Teatime club to make positive use of equipment to develop skills.	RH	Development of skills in pupils will lead to a greater desire to use equipment to have active journeys to school and promote lifelong habits due to increased enjoyment and confidence.
Pupil voice on Active Travel to be heard and acted upon. (C4)	ATCs to design and make suggestion boxes for Foundation Phase and KS2. Pupils encouraged to make suggestions in ATC led assemblies. Suggestions reviewed and responded to regularly.	AS	Nov 2022 Jan 2023 Ongoing	No cost.	Suggestion boxes publicised well and a good amount of suggestions given. Suggestions collected regularly and feedback given.	AS	Pupil voice heard resulting in increased engagement from pupils.
Take part in at least three whole school events. (D1)	Sign up for the Big Walk & Wheel. Whole School event for Be Bright be Seen. Dr Bike workshop to be arranged for whole school.	AS	Oct 2022 Feb 2023 Ongoing	No cost.	Whole school events to be supported by all staff and engagement from all pupils to be actively encouraged.	RH & AS	Focus maintained on active journeys and safety will help to keep the number of active journeys from dropping, will enhance skills and develop positive habits.
Set up an individual pupil incentive scheme. (D3)	ATC Rewards Champion to monitor the number of active journeys in a class and award dojos to pupils who reach an agreed target.	AS	Nov 2022 Jan 2023 Ongoing	No cost.	Pupils enthused to have active journeys. (Inclusivity ensured by use of local businesses offering parking spaces for park and stride opportunities)	RH & AS	Rewards for active journeys will help to keep the number of active journeys from dropping, will enhance skills and develop positive habits.



